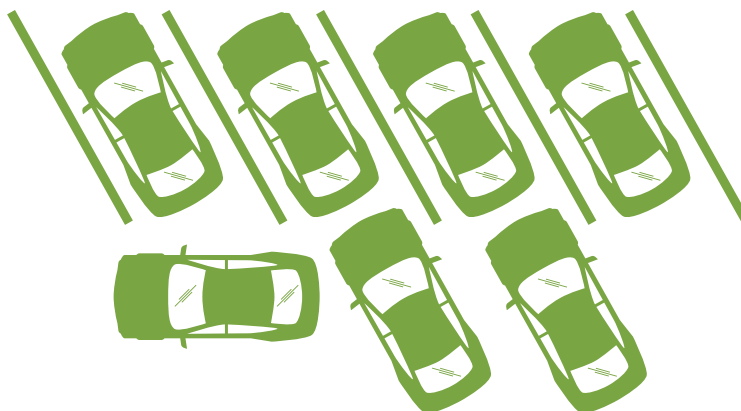


ANTI-IDLING SAMPLE POLICY

ECO-HEALTHY CHILD CARE® HELPS EARLY CHILDHOOD LEARNING ENVIRONMENTS TO BE AS HEALTHY, SAFE AND GREEN AS POSSIBLE BY REDUCING CHILDREN'S EXPOSURE TO TOXIC CHEMICALS.



Why do we have an Anti-Idling policy?

Why do we have an anti-idling policy? Car exhaust releases pollutants that harm children's health and the environment. Pollution from idling vehicles can also enter a facility. Monitoring at schools has shown elevated levels of air pollution during the afternoon hours, coinciding with parents picking up their children. Limiting a vehicle's idling time can dramatically reduce these pollutants and exposure. Developing fetuses, infants, and children are particularly vulnerable to air pollution because their lungs are still developing. Poor air quality is correlated with: decreased lung function, asthma, bronchitis, emphysema, and even some types of cancer.

The purpose of our Anti-Idling Policy:

The purpose of our Anti-idling Policy is to reduce staff and children's exposure to outdoor air pollutants by eliminating all unnecessary or avoidable idling by passenger vehicles and delivery trucks. Doing so will protect the health of children and staff, especially those with asthma and other environmentally-related illnesses.

Anti-Idling policy guidance:

- When waiting for children to be picked up, all engines should be shut off.
- All drivers should turn off their engines when they arrive at our facility and when they expect to be parked for more than 10 seconds.
- Parents and families are notified and reminded of our anti-idling policy via email, newsletter, and other communication every quarter.
- Anti-idling signs are posted on our facility's front door (and other entrance doors) to serve as a regular reminder for parents, staff, and delivery personnel.

Optional:

- Due to our child care facility being within 500 feet of a freeway or busy street, our windows and doors are closed during high-traffic hours (ex., 7-9 am and 3-6 pm).

For more information, visit Eco-Healthy Child Care®'s [Air Quality Fact Sheet](#).