



CHILDREN'S
ENVIRONMENTAL
HEALTH
NETWORK

WHAT CAN YOU DO?

Youth are important and powerful leaders in the movement toward a future of clean and renewable energy !



LEARN ABOUT LOCAL CLEAN ENERGY ISSUES

Is clean energy being used in your community? School? Home? Are there opportunities to encourage the use of clean energy? Or change to clean energy?

WRITE TO YOUR REPRESENTATIVES

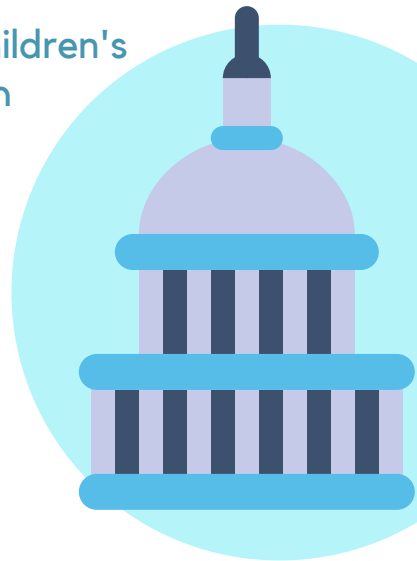
The Children's Environmental Health Network (CEHN) has free printable postcards or letter templates to make it easy to write to your representatives and let them know what children's environmental health issues are important to you.

[Find them here.](#)

MAKE IT OFFICIAL!

Ask your mayor and governor to proclaim October 13th, 2022 Children's Environmental Health Day and commit to making children's health a priority. CEHN created a toolkit with super easy step by step instructions and a ready to use template for your request.

[Learn more here.](#)



BECOME ENGAGED IN EFFORTS TO PROMOTE CLEAN ENERGY

At the local level: Is there a clean energy campaign or club within your school? Join it, and if there isn't one, start one yourself! Pay attention to what's going on in your community regarding clean energy, and look for ways to get involved.

At the state & national level: Many youth-led groups are at the forefront of activities at state and national capitals to demand clean energy and climate action. Plug into these groups-get involved & become an activist.

SPREAD THE WORD

Start conversations with your parents and friends. [Use your social media platform](#) to raise awareness and drive action!

Check out these youth climate activists for ideas:

Instagram: @xiyebeara, @climateincolour

Twitter: @xiuhtezcatl, @jeromefosterii

TikTok: @greengirlleahthomas, @jamie.s.margolin

*CEHN is not affiliated with any of these accounts and their views are not representative of CEHN



STUDY CLEAN ENERGY, BECOME AN EXPERT!

Study STEM in school. Attend clean and green energy career fairs. Discuss this with your school guidance counselor. Clean energy jobs in solar, wind and energy efficiency are on the rise and could offer a rewarding career path.

SHARE YOUR STORY

Add to the children's environmental health community by [sharing your story](#). How have environmental factors impacted your life? Do you or a little sibling have asthma? Have you had heat stroke playing sports in the summer? [Some youth activists are using video to share their powerful stories.](#)



GET MORE IDEAS: WWW.CEHN.ORG